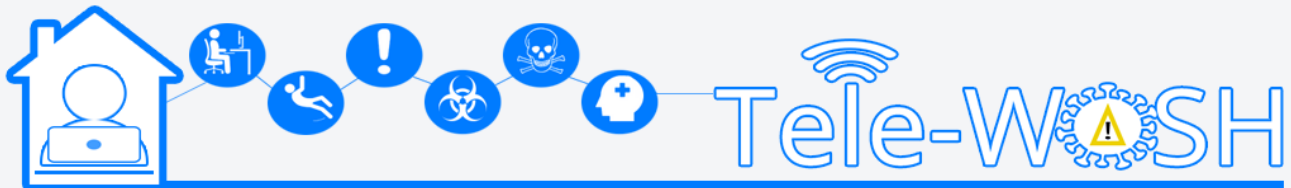


# Teleworking and OSH during COVID-19



## 1. TELE-WOSH PROJECT

COVID-19 pandemic had health, social and economic impacts globally, changing the way people live and work. Since the beginning of 2020, most people were 'forced' to **work from home (teleworking)**, as governments had to introduce social distancing and isolation measures to stop the spread of COVID-19.

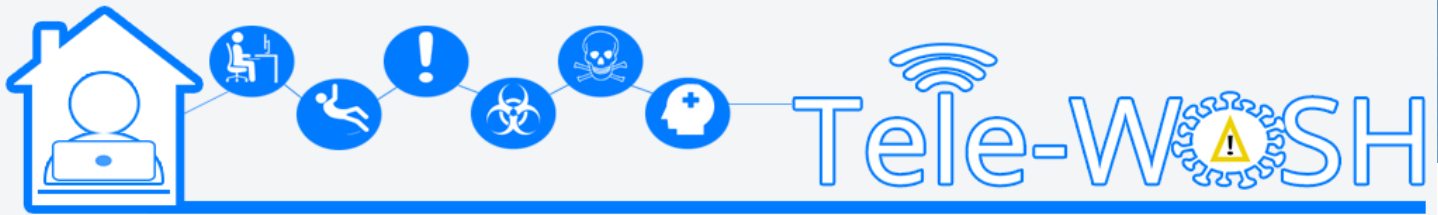
Tele-WOSH project, run by CERIDES of European University Cyprus, seeks to achieve the development of a mobile application and a teleworking guide to facilitate the forced and immediate transition into this new form of work, while safeguarding the protection of the safety and health of teleworkers and the interests of employers during COVID-19 pandemic. At the same time, it enhances the efforts made to comply with the provisions of the legislative framework for the **protection of safety and health of employees** during working from home.

### OBJECTIVES OF TELE-WOSH PROJECT

- to ensure **occupational safety and health** during teleworking through hazard identification,
- to highlight the **impact/consequences** related to the identified hazards
- to provide a **holistic risk assessment**
- to give recommendations including protective and preventive **measures**
- to develop a **mobile application** to help the teleworkers identify hazards
- to develop a **'Teleworking Guide on Occupational Safety and Health during COVID-19 Pandemic'**

Tele-WOSH

Tele-Working and Occupational  
Safety & Health during COVID-19  
Pandemic



## 2. OCCUPATIONAL HEALTH & SAFETY AND TELEWORKING DURING COVID-19

*The prevention of occupational risks for teleworkers demands the introduction of work organization and working conditions at home into the risk assessment phase and as an integral part of the existing safety management system of the organization.*

The **emerging challenge** of teleworking during COVID-19 pandemic, is to **minimize the risks** for those employees who did not have the time or the necessary means to prepare their home to become an appropriate and safe workstation. A series of steps should be followed by the employers in consultation with their employees in order to ensure the safety and health of teleworkers.

First step, is carrying out a **risk assessment**, since it is the most important tool for the protection of workers against occupational risks, and must be implemented before the commencement of works, by identifying hazards, people affected by hazards and how they are affected.

Through the implementation of the risk assessment, which is the main aim of the Tele-WOSH, the **preventive and protective measures** will be identified and applied, ensuring the safety, health and **well-being of the teleworkers**.

*Teleworkers are exposed to several occupational risks*



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Ευρωπαϊκή Ένωση  
Ευρωπαϊκό Ταμείο  
Περιφερειακής Ανάπτυξης



Κυπριακή Δημοκρατία



Διαρθρωτικό Ταμείο  
της Ευρωπαϊκής Ένωσης στην Κύπρο